FLOWCHART FOR SUPPORT

Violence from spouse

Limited to bodily harm or life-threatening intimidation, etc.

- **Victims who want counseling**
- **Victims who want to escape their abuser**
- **Victims who want their abuser to be kept at a distance**

The Police

Spousal Violence Counseling and Support Centers (SV Centers)

Women's Consulting Offices

Write a petition
In addition to describing the violence or threats your spouse inflicted upon you, you should indicate whether you consulted a police officer or Spousal Violence Counseling and Support Center. (If you did not consult a police officer or a Spousal Violence Counseling and Support Center, you will need to attach a document authenticated at a notary's office.)

District Court

Issuance of a Protection Order

Abuser
Individuals who violate a protection order shall be punished by imprisonment with work for not more than one year or a fine of not more than one million yen.

Temporary Protection
(Temporary protection may be entrusted to private shelters, etc.)
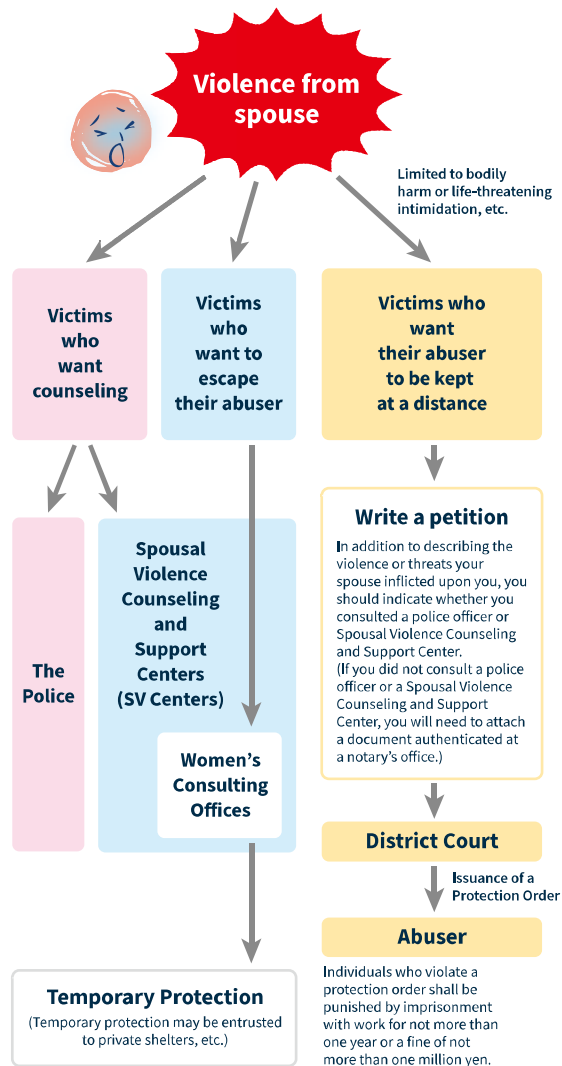
Act on the Prevention of Spousal Violence and the Protection of Victims

The Act also applies to all foreigners living in Japan.

Consultation Services

Osaka Prefectural Women's Counseling Center
Telephone: 06-6949-6181

Languages
English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesian, Nepali and Japanese

Hours
9:00 - 17:30 (Excluding Saturdays, Sundays, national holidays and the period from December 28 to January 3)
*The three-way calling system equipped at Osaka Information Service for Foreign Residents is used for consultations in languages other than Japanese.

Osaka Information Service for Foreign Residents
Telephone: 06-6941-2297

Languages
English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Filipino, Thai, Indonesia, Nepali and Japanese

Hours
Mondays and Fridays 9:00 - 20:00 (National holidays excluded)
Tuesdays, Wednesdays and Thursdays 9:00 - 17:30 (National holidays excluded)
Second and fourth Sundays of every month 13:00 - 17:00

Fax
06-6966-2401 (in English/Japanese)

Email
jouhou-c@ofix.or.jp (in English/Japanese)

府内配偶者暴力相談支援センター （in Japanese only）

施設名	電話番号	対応時間（土・日・祝日・年末年始を除く）
大阪府中央子ども家庭センター	072-828-0277	9:00～17:45
大阪府池田子ども家庭センター	072-751-3012	
大阪府吹田子ども家庭センター	06-6380-0049	
大阪府東大阪子ども家庭センター	06-6721-2077	
大阪府富田林子ども家庭センター	0721-25-2065	
大阪府岸和田子ども家庭センター	072-441-7794	
大阪市配偶者暴力相談支援センター	06-4305-0100	9:30～17:00
堺市配偶者暴力相談支援センター	072-228-3943	
すいたストップDVステーション（DV相談室）	06-6310-7113	9:00～17:30
枚方市配偶者暴力相談支援センター「ひらかたDV相談室」	050-7102-3232	
茨木市配偶者暴力相談支援センター	072-622-5757	9:00～17:00
豊中市配偶者暴力相談支援センター	06-6152-9893	

Other consultation services in Osaka Prefecture

List of Consultation Services
(Osaka Prefectural Government's website)

http://www.pref.osaka.lg.jp/danjo/soudan-link/index.html
（in Japanese only）

You are not at fault.

Those who suffer from violence are not at fault, no matter the reason.
People that use violence are at fault.
No one should suffer from violence.
You do not need to worry alone.
Please seek help.

Which applies to the relationship between you and your partner?

You may sometimes argue with your partner.
During such quarrels, the power dynamic between you and your partner is fair and balanced. It is not abusive.
Domestic Violence (DV) occurs when a person uses violence towards their partner. In this situation, the stronger person puts the weaker person under control by force.

Partner   You

Partner

You
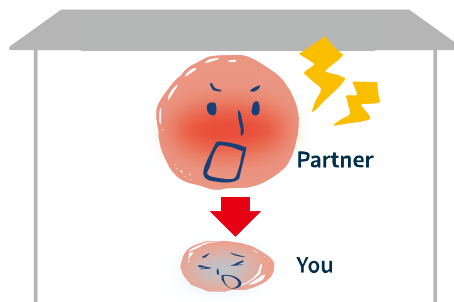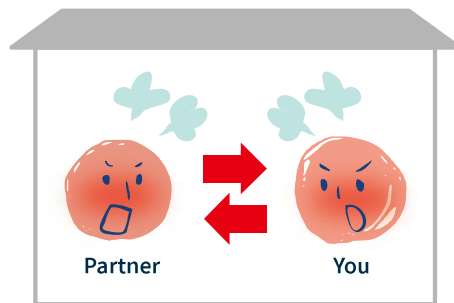
Have you ever thought, "it's also my fault"? The perpetrator may be controlling you through various kinds of abuse.

In many cases the violence occurs at home, which is a private setting.
Thus, the violence is invisible to other people and occurs repeatedly over a long period of time.
The effects are often serious, with victims experiencing feelings of fear and anxiety.
DV refers to not only actions such as punching and kicking, but also behavior aimed to control you.
Some of these include yelling at you, threatening you, checking your relationships with friends and restricting your actions.

Physical abuse
Punching, kicking, choking, shoving, etc.

Emotional abuse
Using abusive language, yelling, threatening, ignoring, looking down on your home country, etc.

Abuse by involving or making use of your child
Abusing you in front of your child, hurting your child, blaming you in front of your child, etc.

Economic abuse
Refusing to give you living expenses, disliking the fact that you have a job, forcing you into debt, preventing you from sending money to your family, etc.

Social abuse
Restricting your associations with friends and relatives, checking your mobile phone, emails and other actions, feeling intense jealousy, taking away your passport, refusing to help you renew your visa status, etc.

Sexual abuse
Forcing you to do sexual acts, forcing you to have unprotected sex, taking nude photos of you and then uploading (or threatening to upload) them to social media, forcing you to watch pornography and other things of sexual nature, etc.